St. Paul's Episcopal Church

www.stpaulspgh.org

Fourth Sunday after Epiphany
Sunday, January 28, 2024 ● 10:45am
Celebrating: The Rev. Erin Morey
Preaching: The Rev. Laura Di Panfilo

God loves you, no exceptions. You are always welcome at God's table at St. Paul's.

St. Paul's is a spiritual home and welcoming community to people of all ages, generations, educational backgrounds, financial means, abilities and disabilities, races, ethnicities, and nationalities, without regard to sexual orientation, gender, or gender identity/expression, and with many different family and religious backgrounds. Some of us are lifelong Episcopalians; some were raised in other Protestant denominations or in the Roman Catholic Church; some are new to the Christian faith; some are not sure what they believe. There is a place here for you.

Give to St. Paul's

The Offering helps to sustain the life and work of St. Paul's. For electronic giving, use this QR code. You can also text (412) 923-0101 to give or place an offering in the baskets at the entrances.



Thank you!

Prelude: Immortal, Invisible, God Only Wise St. Denio, arr. Larry Shackley

Welcome and Greetings

Opening Hymn: Immortal, Invisible, God Only Wise

Hymnal 423

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*.

Song of Praise: Glory to You, Lord God of Our Fathers

Hymnal S 236

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

The Lesson

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed.

But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord. *People* Thanks be to God.

Psalm 111 Setting, Robert A. Hawthorne

(*Please join in singing – turn to the back of the leaflet for music*)

Sequence Hymn: Alleluia, Alleluia! Give Thanks to the Risen Lord (refrain, v.4, refrain)

Hymnal 178

Refrain: Alleluia, alleluia! Give thanks to the risen Lord. Alleluia, alleluia! Give praise to his Name. Verse 4: Come, let us praise the living God, joyfully sing to our Savior.

The Gospel Mark 1:21-28

The Holy Gospel of our Lord Jesus Christ, according to Mark. *People* Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord. *People* Praise to you, Lord Christ.

The Sermon

The Rev. Laura Di Panfilo

The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

The Prayers of the People were written by Carley Lyon. Respond with, "Lord, fill our hearts with your light."

Confession of Sin

Celebrant

Let us confess our sins to God.

Minister and People

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Announcements

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Thank you!

THE HOLY COMMUNION

Offertory Anthem: Teach Me, O Lord

Thomas Attwood

Teach me, O Lord, the way of Thy statutes; And I shall keep it unto the end. - Psalm 119:33

Presentation Hymn: Songs of Thankfulness and Praise, v.1

Hymnal 135

Songs of thankfulness and praise, Jesus, Lord, to thee we raise Manifested by the star to the sages from afar;
Branch of royal David's stem in thy birth at Bethlehem;
Anthems be to thee addressed, God in man made manifest.

The Great Thanksgiving, Eucharistic Prayer C

The people may stand or kneel. In this prayer, the lines in italics are spoken by the People.

CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.PeopleWe lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another. *Have mercy, Lord, for we are sinners in your sight.*

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People Hymnal S 129

Holy, Holy, Holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, We celebrate his death and resurrection,

as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

Amen Hymnal S 147



And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

Alleluia! Christ our Passover is sacrificed for us. *Therefore let us keep the feast. Alleluia!*

Fraction Anthem: Jesus, Lamb of God

Hymnal S 163

Celebrant The Gifts of God for the people of God.

Everyone is welcome to receive Communion. Please come forward to receive through the center aisle, returning through the side aisles. You are welcome to receive just the bread, or the bread and the wine. Gluten-free wafers are available. Please take the bread in your hand and sip the wine from the chalice. For sanitary reasons, we ask you not to dip the host in the wine. If you or someone with you would like Communion brought to them, please let a greeter know.

Communion Hymn: My God, Thy Table Now is Spread

Hymnal 321

Post Communion Prayer—said together

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn: Hail to the Lord's Anointed

Hymnal 616

Dismissal

The worship is ended, the service begins.

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, alleluia!

People Thanks be to God. Alleluia, alleluia!

Postlude: Sortie Richard Lloyd

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In the event of a pastoral emergency such as serious illness, injury, or death, please call.

A clergy person will either answer or call you as soon as possible.

Sign up for the St. Paul's newsletter!







- 1 Hallelujah! I will give thanks to the Lord with my whole heart, *
 - in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the Lord! *
 they are studied by all who
 delight in them. Refrain
- 3 His work is full of majesty and splendor, * and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
 the Lord is gracious and full of

the Lord is gracious and full of compassion.

Refrain

- 5 He gives food to those who fear him; * he is ever mindful of his covenant.
 - He has shown his people the power of his works *

in giving them the lands of the nations.

- 7 The works of his hands are faithfulness and justice; *
 - all his commandments are sure.
- They stand fast for ever and ever, *
 because they are done in truth and equity.
- 9 He sent redemption to his people; he commanded his covenant for ever; * holy and awesome is his Name. Refrain
- 10 The fear of the Lord is the beginning of wisdom; *

those who act accordingly have a good understanding; his praise endures for ever.

Refrain